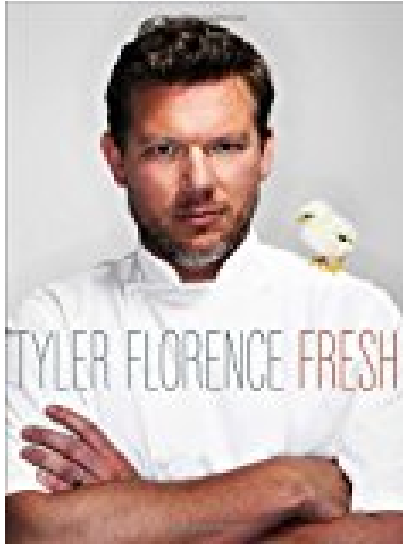


Tyler Florence Fresh



BOOK DETAILS

- Author : Tyler Florence
- Pages : 256 Pages
- Publisher : Clarkson Potter
- Language : English
- ISBN : 0385344538

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BOOK SYNOPSIS

Tyler turns ingredients into superstars in Tyler Florence Fresh, a new look at easy and sophisticated cuisine. Tyler Florence shows off his bold side with a celebration of fresh everyday foods prepared in innovative and delicious ways. Using each fresh ingredient as a launching pad, Tyler builds innovative dishes flavor by flavor, showing you how to put easy-to-find ingredients to work in unexpected ways. Tyler's approach is grounded in the alchemy of ingredients, giving each recipe a twist by casting an unexpectedly delicious ingredient as its superhero. For those ingredients that call out to be celebrated—the first bunch of spring asparagus or the freshest scallops at the fish market—Tyler's recipes are chances for each flavor to stand out. Ripe summer blueberries transform a frisée salad when tossed with whipped blue cheese and candied pecans; fresh basil makes for a delicious ice cream paired with honey, balsamic vinegar, and sliced figs; winter limes and oranges are a zesty side for smoke-roasted chicken. Contrast is key, as Tyler plays with sweet, sour, tangy, tart, and spicy flavors to surprise the palate. Once you've tasted halibut with watermelon, peaches with prosciutto, and zucchini with grapefruit, you'll never look at your market the same way again. Filled with recipes that will surprise and delight everyone at your table, Tyler Florence Fresh is Tyler's most showstopping, delicious book yet.

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